

IF you are already part of the Futures program (participated last year) then I do NOT need to test you. IF you did not participate last year then I need to test you if you are interested. I am testing on Monday at 5:00ish. PLEASE be sure you are ready to go and have registered. I highly recommend Futures and FHL if you are planning on improving your skills in the off-season and becoming a varsity player. This doesn't mean you do not make varsity b/c you didn't participate in either ~ all I am saying is that the varsity level is fast-paced and highly skilled and your off-season work is important. Plus, if you participate in futures, this is another way for you to make Nationals, Junior Olympics or become an All-American. PLEASE let me know if you have any further questions! THANKS, Terri

Hello TWFH Parents!!!

USAFH Futures Program is a great way to get additional training beyond what the WYB Field Hockey Recreation league can provide. Many of the Worthington girls of participated and loved this program!!! The Futures program selects girls from 11 - 18 yrs of age around the region to participate in training sessions during the off season. The training sessions are divided up by age group. The cost of the program is about \$450 - 500 for 9 - 3 hours sessions (some of these sessions are held on the same day). The program also includes a tournament in early June held for all Region 9 Futures players. From this tournament, selections are made for additional USAFH opportunities including invitations to the National

Futures tournament and possibly Junior National Camp.

You must register for the testing to be invited to participate in the Futures program. You must also have a brief skills test Monday, October 12th at 5:00 pm at the TWHS Stadium field. We will be there to help the girls understand and do the short skills test. If selected, you can decide if you want to participate or not.

So, IF they "know" or "think" they are interested in attending Futures (United States Field Hockey Program run by Keli Puzo ~ 2 time Olympian, 2 or 3 time NCAA Champion, All-American, etc....) then they need to register (see link below) which is \$25.00 and then they can decide LATER, once they are accepted, if they want to attend the Futures clinics.

THE ONLY TESTING DATE IS MONDAY, OCTOBER 12th AT 5:00 PM AT THE TWHS STADIUM FIELD, and you cannot do it any other time (this is it so that is why I recommend that they at least tryout NOW and then decide later). There is only one tryout (MONDAY, OCTOBER 12th at 5:00 pm).

In order for your daughter to continue to be SUCCESSFUL for the years to come she will want to put in the extra time during the off-season to improve her skills. I highly recommend Futures and FHL (the club

team in the area) for your daughter to become a Varsity High School player and more if that is her goal!!

Please let me know if you have any further questions. I will NEED you to email me the confirmation after registering OR you can hand it to me on Friday. If you are going to email me the confirmation - I will need ALL CONFIRMATIONS by Sunday, October 11th! or you must bring the CONFIRMATION to the skills testing on Monday, October 12th at 5:00 pm. See BELOW on how to register your daughter!!! **I HIGHLY RECOMMEND TRYING/DOING THIS PROGRAM. TRYOUT AND THEN DECIDE!!!**

THANKS and GO WORTHINGTON FIELD HOCKEY!
Terri Simonetti

The USA Field Hockey Futures Program is dedicated to developing the top athletes in each region, identifying the most talented athletes in the nation and cultivating the Olympic athletes of tomorrow. Since its establishment in 1990, the Futures Program has been the start of many athlete's Olympic journey.

The Futures program is a great opportunity for athletes who want to sharpen their field hockey skills in the off-season, allowing them to work towards their dream to play at a higher level. Athletes will train in Futures Training Academies for seven, 3 hour sessions and will have the opportunity to be selected to their Regional Team at the Regional Futures Tournament. Upon selection to the Regional Team, they will prepare as a team at the Regional Training Camp with their regional Coach who will coach them at the

National Futures Championship. For more detailed information about updates to the Futures programs please read the press release [here](#)

Athletes are accepted into the Futures program by invitation only, after completing an individual trial or through a Partner Camp recommendation. We recognize that scholastic and club coaches, who work with young field hockey athletes on a daily basis, are most equipped to recommend athletes to the Futures program and hope you will consider running a Futures trial session for your athletes.

Inform your athletes of the date you will be running the trial. Each athlete [registers](#) individually for the trial and brings their confirmation form to submit to you on the trial date.